

ISO 45001 Foundation Course

Course Duration: 16 Hrs.

Course Code: ISO45001-FND

Course Overview

The ISO 45001 Foundation Course provides participants with a strong understanding of the Occupational Health and Safety Management System (OHSMS) requirements outlined in ISO 45001. This course introduces the framework for creating safer workplaces, reducing risks, and ensuring compliance with occupational health and safety standards. It serves as a foundation for those aiming to enhance workplace safety and pursue further ISO 45001 qualifications.

What You'll Learn?

In this course, you will learn the basic concepts and principles of occupational health and safety management, the structure and key requirements of ISO 45001, the benefits of implementing OHSMS, and the process organizations follow to achieve certification.

Target Audience

This course is intended for professionals new to occupational health and safety, employees responsible for workplace safety, students, and individuals seeking to understand how ISO 45001 supports safe working environments.

Pre-Requisites

There are no specific prerequisites for this course; however, having a general awareness of workplace health and safety practices can be beneficial for better understanding.

Course Content

Module 1: Introduction to ISO 45001 and Occupational Health & Safety

Module 2: Key Concepts, Terms, and Definitions

Module 3: Overview of ISO 45001 Clauses and Requirements

Module 4: Risk Management and Hazard Identification

Module 5: Benefits of OHSMS and Certification Process

