

Mock Sessions Training

Course Duration: 08 Hours

Course Code: MST

1. Course Overview

Mock Sessions Training is designed to simulate real-time interview and client interaction scenarios to prepare participants for professional environments. This training helps individuals improve communication, technical explanation skills, confidence, and problem-solving abilities through practical mock sessions conducted by industry experts.

2. What You'll Learn

- How to handle real-time interview questions confidently
- Effective communication and presentation skills
- Practical exposure to client interaction scenarios
- Common mistakes and how to avoid them
- Time management during interviews and discussions
- Technical and HR interview handling strategies
- Feedback-based improvement techniques

3. Target Audience

- Freshers preparing for job interviews
- Working professionals looking to switch jobs
- Students in final year (BCA, B.Tech, MCA, etc.)
- Candidates preparing for technical or HR rounds
- Anyone who wants to improve confidence in professional communication

4. Pre-Requisites

- Basic knowledge of the subject/domain (IT, Marketing, etc.)
- Willingness to participate in mock interviews
- Basic communication skills (English preferred)
- Resume prepared (recommended but not mandatory)

5. Course Content

- Introduction to Mock Sessions
- Resume Evaluation & Improvement
- HR Interview Mock Sessions
- Technical Interview Mock Sessions
- Group Discussion (GD) Practice
- Client Interaction Simulation
- Behavioral Interview Questions
- Feedback & Performance Analysis
- Confidence Building Exercises
- Final Assessment Mock Interview