

Disciplined Agile Coach (DAC) Course

Course Duration: 40 HRS

Course Code: DAC-301

Course Overview

The Disciplined Agile® Coach (DAC) Course is designed for experienced agile practitioners who want to guide organizations in adopting and optimizing Disciplined Agile practices. This course focuses on developing coaching skills to foster organizational agility, drive cultural transformation, and enable teams and leaders to apply Disciplined Agile to achieve business agility. Participants will gain the expertise to act as change agents, helping organizations overcome challenges and achieve sustainable agile adoption.

What you'll learn?

- Advanced coaching techniques for agile and Disciplined Agile teams
- How to apply Disciplined Agile at the organizational level for transformation
- Ways to foster leadership and cultural change to enable agility
- Strategies to overcome organizational challenges in agile adoption
- Techniques for mentoring executives, managers, and teams
- How to measure and improve organizational agility using Disciplined Agile

Target Audience

- Experienced agile coaches seeking advanced skills in Disciplined Agile
- Agile transformation leaders and consultants
- Senior project, program, and portfolio managers
- Change managers guiding organizations toward agility
- Executives and leaders driving enterprise-wide agile adoption

Pre-Requisites

- Prior experience in agile coaching or leading agile transformations
- Certification in Disciplined Agile Senior Scrum Master (DASSM) or higher (recommended)
- Strong understanding of agile frameworks and practices
- Leadership and organizational change management experience

Course Content

Module 1: Introduction to Disciplined Agile Coaching

Module 2: Coaching Mindset and Techniques

Module 3: Leading Organizational Agility and Transformation

Module 4: Overcoming Challenges in Agile Adoption

Module 5: Cultural and Leadership Change for Business Agility

Module 6: Coaching Executives and Managers for Success

Module 7: Measuring and Sustaining Organizational Agility

Module 8: Practical Case Studies and Coaching Exercises

