

# ISO 22301 Foundation Course

**Course Duration: 16 Hrs.**

**Course Code: ISO22301F**

## Course Overview

The ISO 22301 Foundation Course provides participants with a comprehensive introduction to the principles, concepts, and requirements of a Business Continuity Management System (BCMS) based on ISO 22301. The course is designed to help learners understand the fundamentals of business continuity, including planning, implementation, and maintenance of effective strategies to ensure organizational resilience during disruptions.

## What you'll learn?

Participants will learn the key elements of ISO 22301, including its structure, clauses, and terminology. They will gain an understanding of the business continuity lifecycle, risk assessment, business impact analysis, and the benefits of implementing a BCMS. The course also prepares participants for further advanced certifications such as Lead Implementer or Lead Auditor.

## Target Audience

This course is intended for beginners in business continuity management, IT managers, risk managers, compliance officers, consultants, and professionals responsible for organizational resilience planning. It is also suitable for individuals preparing to pursue advanced ISO 22301 certifications.

## Pre-Requisites

No prior knowledge of ISO 22301 or business continuity management is required. A basic understanding of organizational processes or risk management concepts may be helpful but is not mandatory.

## Course Content

**Module 1:** Introduction to ISO 22301 and business continuity management principles

**Module 2:** Understanding the structure and requirements of ISO 22301

**Module 3:** Key concepts: business impact analysis and risk assessment

**Module 4:** Business continuity strategies, policies, and objectives

**Module 5:** Planning and implementing a BCMS

**Module 6:** Monitoring, measurement, and continual improvement of BCMS

**Module 7:** Overview of certification processes and audits

**Module 8:** Benefits and practical applications of ISO 22301 in organizations

