

# ISO 22316 Foundation Course

**Course Duration: 16 Hrs.**

**Course Code: ISO22316-FND**

## Course Overview

The ISO 22316 Foundation Course provides participants with a comprehensive introduction to the principles of organizational resilience as outlined in the ISO 22316 standard. The course is designed to help organizations understand how to anticipate, prepare for, respond to, and adapt to disruptive events while maintaining operational continuity and achieving long-term sustainability.

## What you'll learn?

Participants will learn the core concepts of organizational resilience, including risk assessment, leadership engagement, culture, and the development of adaptive capabilities. The course covers strategies to strengthen resilience, enhance decision-making, and support the organization's ability to respond effectively to challenges and disruptions.

## Target Audience

This course is suitable for managers, business continuity professionals, risk managers, auditors, consultants, and staff involved in organizational strategy, risk management, or resilience initiatives. It is also ideal for individuals seeking foundational knowledge of ISO 22316 for career development or organizational improvement.

## Pre-Requisites

There are no formal prerequisites for this course. However, familiarity with management systems, risk management, or organizational operations will help participants better understand the course content.

## Course Content

**Module 1:** Introduction to ISO 22316 and Organizational Resilience

**Module 2:** Key Concepts, Principles, and Scope of ISO 22316

**Module 3:** Leadership and Culture in Resilient Organizations

**Module 4:** Risk Assessment and Adaptive Capabilities

**Module 5:** Strategies for Strengthening Organizational Resilience

**Module 6:** Monitoring, Measurement, and Continual Improvement

**Module 7:** Case Studies and Practical Examples

