

# Disaster Recovery Foundation Course

**Course Duration: 16 Hrs.**

**Course Code: DR-FND**

## Course Overview

The Disaster Recovery Foundation Course provides participants with a fundamental understanding of disaster recovery concepts, strategies, and best practices. It focuses on preparing organizations to respond effectively to unexpected events, minimize downtime, and ensure business continuity. The course introduces essential principles for developing, implementing, and maintaining disaster recovery plans that protect critical business operations and IT systems.

## What you'll learn?

In this course, you will learn the basics of disaster recovery planning, including risk assessment, business impact analysis, and recovery strategies. You will gain insights into the roles and responsibilities in disaster recovery, key processes for responding to incidents, and methods for testing and maintaining recovery plans. The course equips participants with the knowledge to support organizational resilience and continuity initiatives.

## Target Audience

This course is suitable for IT professionals, business continuity planners, risk managers, system administrators, and anyone involved in disaster recovery planning or business continuity management. It is also ideal for individuals seeking foundational knowledge in disaster recovery principles and practices.

## Pre-Requisites

There are no formal prerequisites for this course. A basic understanding of IT systems, organizational processes, or risk management concepts will be helpful for participants.

## Course Content

**Module 1:** Introduction to Disaster Recovery and Its Importance

**Module 2:** Overview of Business Continuity and Risk Management

**Module 3:** Conducting Business Impact Analysis and Risk Assessment

**Module 4:** Disaster Recovery Strategies and Planning

**Module 5:** Roles and Responsibilities in Disaster Recovery

**Module 6:** Implementing and Maintaining Disaster Recovery Plans

**Module 7:** Testing, Exercising, and Reviewing Disaster Recovery Plans

**Module 8:** Lessons Learned and Continuous Improvement in Disaster Recovery